

STUDENTS WELCOME  
TO YOUR PLACEMENT

on

Clifton Ward



## Dear Student

Welcome to Hampshire Hospitals NHS Foundation Trust. We hope you find your placement at HHFT rewarding and enjoyable and your time on Clifton Ward provides you with a valuable learning experience.

You will need to contact us 2 – 4 weeks before your start date to confirm your placement details.

Emma Edwards  
[Emma.Edwards@hhft.nhs.uk](mailto:Emma.Edwards@hhft.nhs.uk)  
01962 825382

Please study this pack which contains information you will need prior to your placement. It should be read in conjunction with the Student Information Pack and the Health Education Wessex Learning Placement Charter. Both can be accessed on the HHFT website student page.

## Our Values at HHFT

Compassion, caring about our patients and each other

Accountable and responsible, always improving

Respect for all; colleagues, patients and their families

Encouraging and challenging each other to always do our best



## Key Members of Staff

### Clinical Matrons:

Susan Wheeler

[Susan.Wheeler@hhft.nhs.uk](mailto:Susan.Wheeler@hhft.nhs.uk)

Louisa Axon

[Louisa.Axon@hhft.nhs.uk](mailto:Louisa.Axon@hhft.nhs.uk)

### Ward Sister:

Emma Edwards

[Emma.edwards@hhft.nhs.uk](mailto:Emma.edwards@hhft.nhs.uk)

Carol Carle

[Carol.Carle@hhft.nhs.uk](mailto:Carol.Carle@hhft.nhs.uk)

### Student Coordinator:

Emma Edwards

[Emma.edwards@hhft.nhs.uk](mailto:Emma.edwards@hhft.nhs.uk)

### Learning Environment Links:

Sharon Goodchild, Learning Environment Lead

[Sharon.goodchild@hhft.nhs.uk](mailto:Sharon.goodchild@hhft.nhs.uk)

Gabrielle Clarke, Learning Environment Facilitator

[Gabrielle.clarke@hhft.nhs.uk](mailto:Gabrielle.clarke@hhft.nhs.uk)

Carla Hale, Learning Environment Support

[Carla.hale@hhft.nhs.uk](mailto:Carla.hale@hhft.nhs.uk)

### What we expect from you

We expect you to arrive on time for planned shifts and any other activity identified by your mentor or the delegated supervisor.

We expect you to ensure your mentors are aware of your learning outcomes for the placement and specific learning needs. We expect you to be proactive in your own learning showing an interest and asking questions.

We expect you to act in a professional manner.

We expect you to dress in accordance with your college/university uniform policy and HHFT guidelines.

You should inform your mentor or delegated person if you are unwell and not able to attend your placement. The process for how to do this will be covered on your local induction to the ward and is in the Student Information Pack.

We expect you to maintain and respect confidentiality at all times.

This applies to clients, their records and discussions between you and your mentor. This should also apply to members of the public and family members.

We expect good communication and respect from you.

We expect you to abide by Trust Policies.

If you have any concerns regarding your placement, please raise them with your mentors. However if this is not possible please contact your Ward Manager or the Learning Environment team.

Please refer back to the Student Information Pack for further information on items such as dress code and sickness.

### WARD MISSION STATEMENT:

Clifton ward is an elderly rehabilitation unit where patients' wellbeing and independence is at the forefront of our care. This 26-bedded ward has its own gym where patients are encouraged to participate in social and enjoyable activities. on-going

Clifton is a multidisciplinary ward where nurses, therapists, doctors and support staff work closely together for the benefit of each patient. The team on Clifton are forward thinking and innovative in their approach to the rehabilitation of their patients, such as by pioneering the use of the Recovery Coaching technique in the physical setting.

#### Description of the Service we provide and Client groups who may access it:

On Clifton ward patients can expect a multi-disciplinary approach to their rehabilitation with nurses, therapists and doctors all working with the patients to enable them to set and achieve their own goals. We focus on every activity of daily living as being part of each patient's rehabilitation and an opportunity for them to progress their abilities. Activity is used to motivate, engage and occupy the patients and is carried out in groups and individually. Patients have the opportunity to eat meals with others in their bay and have access to a television and films from their younger years. The majority of our patients are over 65 years old and we welcome patients with a wide range of diagnoses including dementia, Parkinson's Disease and Multiple Sclerosis. Patients are referred to the ward from either medical or surgical wards in the hospital or hospitals in the surrounding areas. They are usually medically ready for discharge but require further rehabilitation to regain their independence enough to manage in their chosen destination.

#### Learning opportunities available in main 'hub' placement area

Clifton ward has been pioneering the Recovery Coaching technique to work with patients to set and achieve their own goals. Students will have an opportunity to be taught how to use this technique to motivate and empower patients, and will be able to observe other staff members using coaching in their conversations with patients and relatives.

Clifton is at the forefront in the hospital of using activity to engage and motivate patients, and students will be encouraged to participate in group work and social dining with patients.

Recovery Coaching, admission and discharge procedures, providing personal hygiene needs, activities of daily living e.g. toileting, wound care, continence training, catheterisation, drug administration

Opportunities available in 'spoke' / linked areas including inter-professional learning

- Occupational Therapists, Physiotherapists, Elderly Care Doctors, Social Workers/Care Managers, Specialist Nurses, Speech & Language Therapy, Healthcare Assistants, Tissue Viability Nurse, Diabetes Nurse, Dementia Specialist Nurse, Mental Health Liaison Nurse,
- Adult Services, Community Care Teams, Community Older Persons Mental Health, GPs

There are opportunities on this placement for the student to have experience of working with other client groups, in order to meet EU Directives (Adult students only):

Maternity	No
Child Care	No
Mental Health	Yes
Learning Disability	No
Other	

Additional information

Is an introduction pack / student handbook available	Currently being produced
Induction / orientation programmes	The Trust arranges and invites nursing staff on placement in HHFT to attend an induction session. Details of this are sent to students approximately 2-4 weeks prior to the placement starting. Ward also provides local orientation to students. In addition, on ward Induction programmes will be compiled with your mentor on starting the placement
Work Pattern	Day shift: 7am – 7.30pm Night shift: 7pm – 7.30am
Dress / Uniform Code	Student Nurse uniform, hair above the collar, no jewellery, bare below the elbow.
Staff room / rest room facilities	Multi-disciplinary meeting room and ward gym used for breaks, toilet next to ward
Library / IT Resources	Available in the Education Centre, RHCH.
Student Tutorial / Seminar Programme	Students can attend Afternoon Teaching sessions.
Meal times	Breakfast 8.30am -9.30am Lunch 12.15pm – 13.15pm Dinner 17.30-18.30 The ward operates protected meal times, allowing patients to gain adequate nutrition.
Handover	Nursing handover is a taped handover carried out by the nurse or clinical nurse assistant responsible for each team. Week days MDT handover 9am-10pm to discuss on-going goals and discharge planning.



**OTHER LEARNERS ACCESSING PRACTICE AREA:**

Other Universities accessing our Learning Environment/Practice Experience for Student learning, whom you may meet whilst on placement – these are highlighted below:

Southampton	Yes	Portsmouth		Bournemouth		Open University	Yes
Reading		Surrey	Yes				

We support a range of professions and different learners on the following programmes.

Nursing – Adult field	Yes	Occupational Therapy	Yes	Medical		HCS Cardiac, Physiology, Respiratory & Sleep
Nursing – Child field		Physiotherapy	Yes	Radiography (Diagnostic)		HCS Audiology, Neurophysiology, Vision Science
Nursing – Mental Health Field		Podiatry		Radiography (Therapeutic)		HCS Life Sciences (blood, infection cellular)
Nursing – Learning disabilities		Speech and Language Therapy	Yes	Clinical Psychology		HCS Med Physics (radiotherapy, radiation or nuclear)
Midwifery		Dietetics	Yes	Social Work	Yes	HCS Clinical Engineering (med,rad,renal or rehab)
Foundation Degree	Yes	Apprenticeships	Yes	Other		

## REQUIRED READING LIST IF APPROPRIATE

- Alzheimer's Society website to have understanding of dementia care

### Healthcare Library Services for students

#### Membership:

Library membership is available to students on placement with one of our core organisations. On registering at your nearest NHS library location, you will be given a SWIMS membership card. This card should be retained for the duration of your studies as all NHS libraries in Hampshire, IOW, South West and parts of South East England use the same membership card.

Membership only covers the library at your placement or study location.

The three libraries within the trust at:

Andover War Memorial Hospital

Tel: 01962 824420

Email: [library.winchester@hhft.nhs.uk](mailto:library.winchester@hhft.nhs.uk)

Basingstoke and North Hampshire Hospital

Tel: 01256 313169

Email: [library.basingstoke@hhft.nhs.uk](mailto:library.basingstoke@hhft.nhs.uk)

Winchester - Royal Hampshire County Hospital

Tel: 01962 824420

Email: [library.winchester@hhft.nhs.uk](mailto:library.winchester@hhft.nhs.uk)