

## Equality, Diversity and Human Rights Week 2016

### Patient Profile – Arlene Wellman

#### Carers



*I am Arlene Wellman and I have been working for Hampshire Hospitals NHS Foundation Trust (HHFT) for three years. Prior to training as a nurse, I was a primary school teacher and became inspired to be a nurse after being cared for by a phenomenal midwife. I trained in the Caribbean and then migrated to the UK. I worked as a registered nurse for a number of years and through continuing professional development was able to progress to the role of ward sister and then matron in a large teaching hospital. I moved to Hampshire Hospitals in 2012 as a matron and I am now the Associate Director of Nursing (Clinical Standards). I am passionate about this role, as it provides an opportunity to ensure that consistent standards are employed across the Trust by facilitating the sharing of good practice and supporting others to develop and embed good evidence-based clinical practice.*

*In the last year, the Trust has introduced a Carer's Passport as part of John's Campaign. This enables the main carer to have open visiting hours and stay with their loved one should they wish to do so. This has already been supported in children's services, with the approach benefiting distressed patients removed from their normal environment, and recognises the need to ensure that all patients are cared for equitably. Members of staff really see the benefits of how this truly supports the care of dementia patients, with feedback from carers being extremely positive as they now feel that they can be with their loved ones when they need to be.*

#### Today's Question:

**How can the Trust improve the experience of carers, friends and relatives who visit our hospitals or access our services with their loved ones?**



Please e-mail us at: [Equality&Diversity@hhft.nhs.uk](mailto:Equality&Diversity@hhft.nhs.uk) with your thoughts