

STUDENTS WELCOME TO YOUR PLACEMENT

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Alton Outpatient Physiotherapy Department



Dear Student

Welcome to Hampshire Hospitals NHS Foundation Trust. We hope you find your placement at HHFT rewarding and enjoyable and your time in the Alton Physiotherapy Outpatient Department provides you with a valuable learning experience.

You will need to contact us 2 – 4 weeks before your start date to confirm your placement details. Our contact details are:

Fiona Parker/Alice White (Senior Physiotherapists/Student supervisors)

Fiona.parker@hhft.nhs.uk/Alice.white@hhft.nhs.uk

02382 310383

Please study this pack which contains information you will need prior to your placement. It should be read in conjunction with the Student Information Pack and the Health Education Wessex Learning Placement Charter. Both can be accessed on the HHFT website student page.

Our Values at HHFT

Compassion, caring about our patients and each other

Accountable and responsible, always improving

Respect for all; colleagues, patients and their families

Encouraging and challenging each other to always do
our best



Key Members of Staff

**Department Manager:
Emma Potter**

**Student Supervisors:
Fiona Parker and Alice White**

**Student Coordinator:
Chris Mitchell**

**Learning Environment Links:
Sharon Goodchild, Learning Environment Lead
Sharon.goodchild@hhft.nhs.uk**

**Gabrielle Clarke, Learning Environment Facilitator
Gabrielle.clarke@hhft.nhs.uk**

**Carla Hale, Learning Environment Support
Carla.hale@hhft.nhs.uk**

What we expect from you

We expect you to arrive on time for planned shifts and any other activity identified by your mentor or the delegated supervisor.

We expect you to ensure your mentors are aware of your learning outcomes for the placement and specific learning needs. We expect you to be proactive in your own learning showing an interest and asking questions.

We expect you to act in a professional manner.

We expect you to dress in accordance with your college/university uniform policy and HHFT guidelines.

You should inform your mentor or delegated person if you are unwell and not able to attend your placement. The process for how to do this will be covered on your local induction to the department and is in the Student Information Pack.

We expect you to maintain and respect confidentiality at all times. This applies to clients, their records and discussions between you and your mentor. This should also apply to members of the public and family members.

We expect good communication and respect from you.

We expect you to abide by Trust Policies.

If you have any concerns regarding your placement, please raise them with your mentors. However if this is not possible please contact your Department Manager or the Learning Environment team.

Please refer back to the [Student Information Pack](#) for further information on items such as dress code and sickness.

DEPARTMENT OVERVIEW:

We are a busy MSK outpatient physiotherapy department based at Alton Community Hospital. We work closely with multiple GP practices and the local acute hospitals including Basingstoke and Winchester. We receive referrals from local GP Surgeries, Orthopaedics, Pain clinic, Rheumatology and A&E. Within our department we have a small gym, fully equipped gym for therapy use.

Description of the Service we provide and Client groups who may access it:

We provide an MSK service for our local patient population. Although we assess and treat all body areas on a regular basis, we most frequently receive referrals for the lumbar spine, shoulder and knee. We utilise a range of treatment options within the department including education and advice, exercise therapy, manual therapy, electrotherapy, acupuncture, splinting and wax therapy.

Learning opportunities available in main 'hub' placement area

The department provides an opportunity to develop general MSK physiotherapy assessment, treatment and clinical reasoning skills. Regular supervision and teaching sessions are provided and a regular in-service training programme is also run.

Opportunities available in 'spoke' / linked areas including inter-professional learning

There is an opportunity to spend time with all members of staff within the Outpatient Physiotherapy Department as well as the wider MDT whilst on placement. Visits to Podiatry, X-ray, the Pain Management Programme, the Introduction to Exercise Class and Paediatric MSK physiotherapy may also be possible.

Additional information

Is an introduction pack / student handbook available	In addition to the information pack and the Health Education Wessex Learning Placement Charter which can both be accessed on the HHFT website student page a further departmental information sheet is available from your placement supervisor once contact has been made with them.
Induction / orientation programmes	A local induction will be completed once the placement commences.
Work Pattern	TBC with supervisor prior to placement commencing.
Dress / Uniform Code	It is important to look smart whilst on placement and to dress in accordance with your university uniform policy and HHFT guidelines. Within the department it is acceptable to wear either tunics or university polo shirts. Shoes or smart trainers are also acceptable. It is important to wear your university ID badge at all times whilst on placement.
Staff room / rest room facilities	There is a changing area, with lockers, available in the department. A canteen is available on site, as well as a vending machine, which provide food/snacks. Packed lunches are also able to be eaten on site in the staff room or outside in the court yard (weather dependant). A fridge, microwave and water fountain are available on site.
Library / IT Resources	There is a small library in the department with a collection of books which may be used whilst on placement.
Student Tutorial / Seminar Programme	Daily supervision/case reviews are provided for the duration of the placement. Weekly objective setting/reviews provide further feedback throughout the placement and the half way and final assessment allow for formal grading. Whilst on placement a comprehensive teaching programme, covering all joints, is provided and there is the opportunity to attend the department's weekly in-service training programme. Students are actively encouraged to have regular contact with their educator, other therapists within the department as well as to spend time with the wider MDT.

OTHER LEARNERS ACCESSING PRACTICE AREA:

Other Universities accessing our Learning Environment/Practice Experience for Student learning, whom you may meet whilst on placement – these are highlighted below:

Southampton	X	Portsmouth		Bournemouth		Open University	
Reading		Surrey					

We support a range of professions and different learners on the following programmes.

Nursing – Adult field		Occupational Therapy		Medical		HCS Cardiac, Physiology, Respiratory & Sleep
Nursing – Child field		Physiotherapy	X	Radiography (Diagnostic)		HCS Audiology, Neurophysiology, Vision Science
Nursing – Mental Health Field		Podiatry		Radiography (Therapeutic)		HSC Life Sciences (blood, infection cellular)
Nursing – Learning disabilities		Speech and Language Therapy		Clinical Psychology		HCS Med Physics (radiotherapy, radiation or nuclear)
Midwifery		Dietetics		Social Work		HCS Clinical Engineering (med,rad,renal or rehab)
Foundation Degree		Apprenticeships		Other (work experience)	X	

USEFUL PRE-PLACEMENT READING

A review of anatomy, normal tissue healing and common outpatient pathologies e.g. osteoarthritis, tendinopathy and fractures would be beneficial prior to commencing placement.

Healthcare Library Services for students

Membership:

Library membership is available to students on placement with one of our core organisations. On registering at your nearest NHS library location, you will be given a SWIMS membership card. This card should be retained for the duration of your studies as all NHS libraries in Hampshire, IOW, South West and parts of South East England use the same membership card.

Membership only covers the library at your placement or study location.

The three libraries within the trust at:

Andover War Memorial Hospital

Tel: 01962 824420

Email: library.winchester@hhft.nhs.uk

Basingstoke and North Hampshire Hospital

Tel: 01256 313169

Email: library.basingstoke@hhft.nhs.uk

Winchester - Royal Hampshire County Hospital

Tel: 01962 824420

Email: library.winchester@hhft.nhs.uk