

STUDENTS WELCOME TO YOUR PLACEMENT on the Women's Health Unit



Dear Student

Welcome to Hampshire Hospitals NHS Foundation Trust. We hope you find your placement at HHFT rewarding and enjoyable and your time on the Women's Health Unit provides you with a valuable learning experience.

You will need to contact us 2 – 4 weeks before your start date to confirm your placement details.

Cathy Pickering
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01256 313583/4

Please study this pack which contains information you will need prior to your placement. It should be read in conjunction with the Student Information Pack and the Health Education Wessex Learning Placement Charter. Both can be accessed on the HHFT website student page.

Our Values at HHFT

Compassion, caring about our patients and each other

Accountable and responsible, always improving

Respect for all; colleagues, patients and their families

Encouraging and challenging each other to always do our best



Key Members of Staff

Clinical Matrons:

Katie Bolton

katie.bolton@hhft.nhs.uk

Ward Sister:

Sarah Jennings

sarah.jennings@hhft.nhs.uk

Deputy Sister:

Georgina Creedy

Georgina.Creedy@hhft.nhs.uk

Student Coordinator:

Cathy Pickering

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Learning Environment Links:

Sharon Goodchild, Learning Environment Lead

sharon.goodchild@hhft.nhs.uk

Gabrielle Clarke, Learning Environment Facilitator

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Katie Webb, Workforce Development Facilitator

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Sarah Winter, Learning Environment Administrator

Sarah.Winter@hhft.nhs.uk

What we expect from you

We expect you to arrive on time for planned shifts and any other activity identified by your mentor or the delegated supervisor.

We expect you to ensure your mentors are aware of your learning outcomes for the placement and specific learning needs. We expect you to be proactive in your own learning showing an interest and asking questions.

We expect you to act in a professional manner.

We expect you to dress in accordance with your college/university uniform policy and HHFT guidelines.

You should inform your mentor or delegated person if you are unwell and not able to attend your placement. The process for how to do this will be covered on your local induction to the ward and is in the Student Information Pack.

We expect you to maintain and respect confidentiality at all times.

This applies to clients, their records and discussions between you and your mentor. This should also apply to members of the public and family members.

We expect good communication and respect from you.

We expect you to abide by Trust Policies.

If you have any concerns regarding your placement, please raise them with your mentors. However if this is not possible please contact your Ward Manager or the Learning Environment team.

Please refer back to the Student Information Pack for further information on items such as dress code and sickness.

WARD MISSION STATEMENT:

As a patient on the Women's Health Unit, you can be assured of a welcoming and friendly environment. Our aim is to ensure that each patient receives care of the highest standard and is treated as an individual. You can expect to be cared for by staff who are competent, efficient and up to date in Breast Care and Gynaecological matters. As nurses, we work closely with members of the multidisciplinary health care team to provide you with an individualised plan of care. As part of this, you can expect us to give you a full, truthful and clear explanation with regards to your medical or surgical treatment. We strive to ensure your identity, dignity and confidentiality are maintained so as to make your stay with us as pleasant as possible.

Description of the Service we provide and Client groups who may access it:

The Women's Health Unit cares for ladies (aged 16 years and over) who are undergoing a whole range of surgical gynaecological and breast procedures on both an elective and emergency basis. This may be day case minor surgery or major surgery that will require a longer stay. All elective patients will be seen in our Pre-Operative Assessment Unit prior to their procedure. We also care for women who are experiencing complications of early pregnancy (up until 16 weeks pregnant). We accept gynaecological and early pregnancy referrals from a variety of sources including General Practitioners and the Emergency Department. We also care for patients undergoing Uro-gynaecology procedures in our pelvic floor centre, including pelvic floor physiotherapy. The Colposcopy unit run numerous clinics, including nurse and consultant led clinics, specialising in cervical abnormalities.

Learning opportunities available in main 'hub' placement area

Year 1: Participate and initiate – From placement 2 onwards students have the opportunity to develop their nursing skills, such as observations, wound care, risk assessment, care planning. Towards the end of the placement students should be able to recognise when to implement these interventions for themselves.

Year 2: Initiate and manage – Students will be given the opportunity to work closely with staff nurses so that they are able to plan their workload to meet the needs of the patients and develop their confidence in managing groups of patients.

Year 3: Manage, lead and delegate – Opportunity to development management and delegation skills by taking charge of bay/ ward (under supervision).

Specific areas of expertise/clinical skills which students can observe / learn from / Practice:

- General Nursing Care, Aseptic technique, Wound Care, Medicines Management, Drain removal, Discharge planning, Catheterisation, Vaginal packing

Opportunities available in 'spoke' / linked areas including inter-professional learning

Uro-gynaecology – Students will be able to further develop their knowledge of anatomy and physiology of the urinary system and their understanding and management of urinary incontinence. There will be opportunity to observe and participate in specialist clinics including pelvic floor, physio and bladder instillation for painful bladder symptoms.

Colposcopy – By the end of their colposcopy placement students will have an understanding of the cervical screening programme and degrees of cervical abnormalities. They will have witnessed a normal colposcopy, abnormal colposcopy and a LLETZ procedure. At the end of their placement they will have a better understanding of terminology and the importance of communicating effectively.

Pre-Operative Assessment Clinic – To help students to recognise the need and importance of a thorough medical and social assessment pre-operatively, to establish individual suitability for surgery and anaesthesia. Women will be provided with both verbal and written information as regards their surgery and hospital admission. Students will first off be involved with observing, but will have opportunity to participate in the assessment process.

Early Pregnancy Assessment Unit/Gynaecology Assessment Unit (GAU) - On completion of placement Students will have an understanding of the following:

- The referral process and criteria for the E.P.A.U
- To have an understanding of the role of the unit and have an awareness of the criteria for referral and how clients are triaged.
- Chaperoning
To understand the importance of chaperoning and what the role of the nurse is through this procedure. To be competent in this by the end of placement. To understand the role of the nurse during an ultrasound examination. To be competent in this by the end of the placement.
- Admission for surgery
By the end of the placement the student should be competent in welcoming the client to the unit and explaining the 'journey' that they will follow through their admission. To safely prepare a client for Theatre on the Emergency Theatre List and understand fully the Theatre check list. To have an awareness of how relatives can be supported.
- Pregnancy Testing
To be able to undertake and interpret a pregnancy test result. To be aware of importance of taking a verbal consent. To be aware of the factors that may affect reliability of a test result. Use of correct specimen pot when testing.
- Healthy pregnancy management - To understand the routine antenatal journey.
- Grief and bereavement
To have an understanding of the stages of grief and bereavement and how health care professional can support clients. Also to have awareness what pregnancy loss may mean to individuals and what support is available to them. To have an understanding of the different types of pregnancy loss and management options up until 16/40. To have an understanding of ectopic pregnancy. This is to include risk factors, and sites of implantation. To learn about the management options of ectopic pregnancy

- Macmillan
- Charring Cross Hospital
- Physiotherapy
- Palliative Care Team
- Social Services
- Occupational Therapy
- Vulnerable Pregnancy
- Pain Team
- Dieticians

There are opportunities on this placement for the student to have experience of working with other client groups, in order to meet EU Directives (Adult students only):

Maternity	Yes when working in EPAU (under 16 weeks gestation)
Child Care	Not normally
Mental Health	Possibly but depends on the patients we have on the ward
Learning Disability	Possibly but depends on the patients we have on the ward
Other	No

Additional information

Is an introduction pack / student handbook available	Yes, A Student Welcome Pack will be available to collect from the Gynaecology ward prior to the start of your placement.
Induction / orientation programmes	The Trust arranges and invites all students on placement in HHFT to attend an induction session- details of this will be sent to students approx. 2-4 weeks prior to the placement starting.
Work Pattern	We work long days and our shift times are: LD1 07:30 – 20:30 LD2 08:00 – 21:00 Nights 20:45 – 07:45 It is possible to work short shifts as well.
Dress / Uniform Code	Please follow hospital/ university policy
Staff room / rest room facilities	Whilst on placement you will have access to our staff room and ward kitchen. Lockers are also available.
Library / IT Resources	Available in the Ark, BNHH
Student Tutorial / Seminar Programme	Students can attend Afternoon Teaching sessions.

OTHER LEARNERS ACCESSING PRACTICE AREA:

Other Universities accessing our Learning Environment/Practice Experience for Student learning, whom you may meet whilst on placement – these are highlighted below:

Southampton	Yes	Portsmouth		Bournemouth		Open University	Yes
Reading		Surrey	Yes				

We support a range of professions and different learners on the following programmes.

Nursing – Adult field	Yes	Occupational Therapy		Medical	Yes	HCS Cardiac, Physiology, Respiratory & Sleep
Nursing – Child field		Physiotherapy		Radiography (Diagnostic)		HCS Audiology, Neurophysiology, Vision Science
Nursing – Mental Health Field		Podiatry		Radiography (Therapeutic)		HCS Life Sciences (blood, infection cellular)
Nursing – Learning disabilities		Speech and Language Therapy		Clinical Psychology		HCS Med Physics (radiotherapy, radiation or nuclear)
Midwifery	Yes	Dietetics		Social Work		HCS Clinical Engineering (med,rad,renal or rehab)
Foundation Degree		Apprenticeships		Other		

REQUIRED READING LIST IF APPROPRIATE

Welcome pack

Healthcare Library Services for students

Membership:

Library membership is available to students on placement with one of our core organisations. On registering at your nearest NHS library location, you will be given a SWIMS membership card. This card should be retained for the duration of your studies as all NHS libraries in Hampshire, IOW, South West and parts of South East England use the same membership card.

Membership only covers the library at your placement or study location.

The three libraries within the trust at:

Andover War Memorial Hospital

Tel: 01962 824420

Email: library.winchester@hhft.nhs.uk

Basingstoke and North Hampshire Hospital

Tel: 01256 313169

Email: library.basingstoke@hhft.nhs.uk

Winchester - Royal Hampshire County Hospital

Tel: 01962 824420

Email: library.winchester@hhft.nhs.uk